



Liberating Tamar Inc.
A New Jersey Non- Profit Organization

**EMOTIONAL
COACHING
INTAKE FORM**

Name: _____

Address: _____

Phone: _____

Alternate Phone: _____

Email: _____

Preferred mode of communication:

Phone Email Regular Mail

Birthday: _____

Level of Education:

High school Bachelors Masters
 Other: Explain

Employment status:

Full Time Part Time Unemployed
 Other: Explain

Marital status:

Married Single Divorced

Other: Explain

Number of children if applicable:

Family structure:

Husband and wife

Husband, wife and children

Single mother and children

other: please explain

Ethnicity:

White

Africa America

Hispanic

America Indian

Asian

Other: Please explain

How you found out about Liberating Tamar:

1. Please rate your satisfaction with your life in the following areas

(1 – Worst, 5 – best)

- a. Emotions
- b. Relationships
- c. Sexuality
- d. Body
- e. Work
- f. Money
- g. Spirituality

2. What are the top 3 common negative emotions you feel on a regular basis?

- a. Anger
- b. Fear
- c. Inadequacy
- d. Loneliness

- e. Shame
- f. Condemnation
- g. Rejection
- h. Bitterness
- i. Unforgiveness
- j. Other: Please add

3. List 3 of the most traumatic events in your life with short explanation.

a. _____

b. _____

c. _____

4. What one thing do you want more of in your life right now?

5. What one thing do you want less of in your life right now?

6. What's one thing you would like to achieve but aren't sure how to do it?

7. Listed below are some typical results experienced by coaching clients. Which 3 are most important to you?

- Direction
- focus
- accountability
- a new perspective
- relationship success
- strategies
- better finances
- motivation
- new challenges
- other-please list

8. What is your religious background?

- a. Catholic
- b. Methodist
- c. Presbyterian
- d. Baptist
- e. Pentecostal
- f. Non-Denominational
- g. Other: Explain

9. Have you accepted Jesus as your Lord and Savior?

- YES NO Not Sure

10. Have you previously been involved in life coaching and or counselling?

YES (please explain)

NO

11. Do you currently use alcohol and or drugs?

YES (please explain)

NO

12. Is there a history of mental health in your family?

YES (please explain)

NO

Not Sure

13. Have you ever been physically abused?

YES (please explain)

NO

14. Have you ever been emotionally abused?

YES (please explain)

NO

15. Have you ever attempted suicide?

YES (please explain)

NO

16. Have you ever been hospitalized for mental health reasons?

YES (please explain)

NO

17. Is there a history of alcohol or drug abuse in your family?

YES (please explain)

NO

Not Sure

18. Have you ever been in legal trouble?

YES (please explain)

NO

19. Have you ever been sexually abused or assaulted?

YES (please explain)

NO

20. What are your top 3 goals/expectations for this program?

a. _____

b. _____

c. _____

21. How committed are you to making this program work for you?

22. Are you willing to commit to 1 session per month for 3 consecutive months with a Liberating Tamar coach?

YES

NO

Not Sure

Disclaimer

1 – Liberating Tamar representatives do not claim to have legally recognized qualifications or authority to be counsellors or therapists. We act as a coach, mentor, guide or navigator for those who choose to contact us out of concern for their own personal journey in pursuit of emotional wholeness and/or liberation from the emotional consequences of trauma and abuse.

2 -- Our service is designed for individuals who can mentally and physically understand and cooperate in the functioning to help facilitate emotional wholeness. It is not designed to treat, diagnose, cure or alleviate symptoms of any kind of mental or physical illness.

3 -- Our service is offered in good faith, and any advice, coaching, or instruction provided to clients by a Liberating Tamar Coach should not be seen by them as a substitute for professional advice of medical doctors, psychiatrists or clinical psychologists. In all cases it is the responsibility of the client to seek appropriate professional treatment for any symptoms of disease or dis-order that they may be experiencing.

4 – Liberating Tamar does not guarantee that personal problems (either expressed or implied) presented by a client can or will be resolved.

5 -- In no event shall Liberating Tamar or its representatives be liable to any person(s) for any loss or damage of any kind which may occur as a result of the coaching service(s) it provides.

Agreement

Participation in Liberating Tamar's face-to-face or telephone coaching service is dependent upon your agreement to the following terms and disclaimer.

1. Client Record Details -- I confirm that all information provided by me (the client) is true and correct. If I choose to conceal my true identity from my counsellor, I will tell the coach, who may or may not choose to proceed on this basis. If any of the information provided by "the client" is determined to be false or misleading, services will be discontinued immediately.

2. Confidentiality -- I understand that the terms and conditions of this Agreement are absolutely confidential between the parties and shall not be disclosed to anyone else, except as shall be necessary to effectuate its terms. Any disclosure in violation of this section shall be deemed a material breach of this Agreement. I also understand that Liberating Tamar reserves the right to make a report to any appropriate legal authority in the event the client causes or suggest intent to cause harm to himself/herself or others.

3. Emergency Situations -- I agree that, if at any time, I feel, think or believe I am in a crisis a situation and require emergency assistance, I will seek appropriate assistance and dial 911.

4. Referrals -- I accept that Liberating Tamar coaches have a duty of care to all clients and that I may be provided with information about other services which may better benefit me (the client) if the coaches deem our services are unsuitable.

5. Legal Jurisdiction -- I understand and accept that the Liberating Tamar service is governed and bound by the laws of the State of New Jersey.

6. Fees -- I understand and accept that there are no fees associated with Liberating Tamar services. As a 501C3 non-profit organization, tax deductible donations are welcome.

7. Termination of Services -- I understand that all coaching provided by Liberating Tamar Inc. is performed "At Will." This means that either the client or the Company is free to end the coaching relationship at any time, for any reason, with or without cause and with or without notice.

Liberating Tamar requires all clients to read and sign the above Disclaimer and Agreement prior to services being provided. A client's willingness to participate in any coaching session will be taken by Liberating Tamar to mean that they have read, understood and accepted each and every clause of the above Disclaimer and Agreement.

Print your Name:

Signature:

Date: